**The Virtuosity is in the Waiting with Alice Sheppard**

**Hosted by Rianne Svelnis and Harmanie Rose**

Recording in April 2021

This rich conversation speaks to community connections, Alice’s research of flying on stage, the intricacies of care, boundaries and virtuosity, and confronting spectacle, inclusion and representation.

INCLINATIONS Dance Film <https://vimeo.com/311333574?embedded=true&source=video_title&owner=13589983>

John Loeppke <https://www.cbc.ca/news/canada/saskatchewan/author/john-loeppky-1.5510253>

Danielle Peers <http://www.daniellepeers.com/inclinations.html>

Lindsay Eales <http://www.lindsayeales.ca/>

Victoria Marks (referred to as ‘Vic’ in the interview) <https://en.wikipedia.org/wiki/Victoria_Marks>

Dancing Disability Lab <https://dslabs.ucla.edu/labs/dancing-disability/>

Kinetic Light <https://kineticlight.org/>

Laurel Lawson <https://en.wikipedia.org/wiki/Laurel_Lawson>

Jerron Herman <https://jerronherman.com/>

Michael Maag <https://howlround.com/commons/michael-maag>

WIRED <https://kineticlight.org/wired>

romham pàdraig gallacher / RAMP <https://radicalaccessiblecommunities.wordpress.com>

**Biography**

Alice Sheppard took her first dance class in order to make good on a dare; she loved moving so much that she resigned her academic professorship in order to begin a career in dance. She studied ballet and modern with Kitty Lunn and made her debut with Infinity Dance Theater. After an apprenticeship, Alice joined AXIS Dance Company where she toured nationally and taught in the company’s education and outreach programs.

Since becoming an independent artist, Alice has danced in projects with Ballet Cymru, GDance, and Marc Brew in the United Kingdom. In the United States, she has worked with Full Radius Dance, Marjani Forté, MBDance, Infinity Dance Theater, and Steve Paxton.

As an emerging and Bessie award-winning choreographer, Sheppard creates movement that challenges conventional understandings of disabled and dancing bodies. Engaging disability arts, culture, and history, she is intrigued by the intersections of disability, gender, and race. In addition to performance and choreography, Sheppard is a sought-after speaker and has lectured on topics related to disability arts, race and dance. Her writing has appeared in the New York Times and in academic journals.

***Bio from Alice Sheppard website*** [***www.alicesheppard.com/about***](http://www.alicesheppard.com/about)